




Activities for Campers

Family Activities

- **Leave a little note or send them a video!** Now that you are spending lots of time with your family, send them a video or write them notes to give them words of encouragement.
- **Lead a family game night!** Here are some ideas or create your own favorite list: (Don't have these games at home? Download the apps!)
 - Monopoly Monday
 - Taboo Tuesday
 - Uno Wednesday
 - Checkers Thursday
 - Charades Friday
 - MDA Let's Play Saturday
 - Scrabble Sunday
- **Fill a time capsule with your family** (use a coffee can or storage container and fill with things that will help you remember this time when you and your family got to be together)
- **Travel around the world at dinner time.** Each week select a country and pick an evening to make dinner from there (Italy-Spaghetti, Mexico-Tacos, etc.)



Camp Activities

- 
- **S'mores and a Campfire:** Find an area to sit in a circle and have a "campfire", using aluminum foil, a flashlight and a pie pan – or have an imaginary fire! Make s'mores in the microwave using graham crackers or cookies, a marshmallow and a piece of chocolate. Put on a plate and heat for ten seconds.
 - **Late night chats:** Remember when you went to the cabin at camp and talked before (and after) lights out? Do the same with your family. You will be surprised at what you can learn:
 - Conversation starters:
 - If you could be in any movie, what movie would you choose?
 - What is your favorite chore? What is your least favorite chore?
 - If you had wings, where would you fly?
 - What is the nicest thing anyone has ever said to you?
 - If you could be an animal what would you be?
 - If could take 3 things to a deserted island what would you take?
 - What is your favorite meal?
 - What is your favorite tradition?
 - What makes you happy when you feel sad?
 - What is your favorite season and why?
 - Describe yourself in 3 words.
 - If you had a super power what would it be?
 - If you could only eat one thing for the rest of your life what would it be?
 - **Take your picture** in a Summer Camp t-shirt and share one word or two that describes why you love MDA Summer Camp and email to camp@mdausa.org
 - **Make a friendship bracelet** <https://www.wikihow.com/Make-a-Friendship-Bracelet>
 - **Plan a family picnic** in the living room, outside in your neighborhood, park or other area that works for you
- 