

Helping Kids and Adults Live Longer & Grow Stronger



MDA is leading the fight to free individuals — and the families who love them — from the harm of muscular dystrophy, ALS and related muscle-debilitating diseases that take away physical strength, independence and life. Together with our supporters, we're helping kids and adults live longer and grow stronger. Here's how:

Finding research breakthroughs across diseases

MDA takes a big-picture perspective across neuromuscular diseases to uncover breakthroughs that will accelerate treatments and cures. The power in this research approach is that knowledge and information from one disease can often yield progress in others to speed urgently needed answers for families.

Here are some of MDA's current highlights:

- Funding 200 MDA research projects in 12 countries
- Invest \$75,000 every business day in research
- Awarded 103 MDA research grants in 2015 with a total funding commitment of \$27.3 million
- Contributed to dozens of clinical trials now underway



Caring for kids and adults from day one

MDA provides early diagnosis, highly specialized care and access to promising clinical trials at MDA Care Centers in top hospitals and health care facilities across the United States and Puerto Rico.

In 2015, MDA:

- Provided care and support to 100,000 individuals
- Offered best-in-class, comprehensive care at more than 150 MDA Care Centers
- Coordinated 50,000 visits at MDA Care Centers, with families seeing multiple health care specialists in a single appointment
- Provided information to 3.6 million visitors on mda.org



Empowering families with services and support

From support groups and educational seminars to assistance with durable medical equipment and giving kids with muscular dystrophy the best week of the year at MDA Summer Camp, MDA empowers families in hometowns across America with help and support they need today.

Consider MDA's impact last year:

- 3,800 kids experienced MDA Summer Camp at no charge to their families
- 140 support groups were hosted with 1,200 different sessions
- 350,000 volunteers powered MDA's work in hometowns across America



Take Action to Help Families Live Unlimited



The freedom to walk, to talk, to run and play. To laugh, to hug. To eat. To breathe. Each day across the country, these everyday freedoms are taken away from kids and adults with muscular dystrophy, ALS and related diseases that weaken muscle strength and severely limit mobility.

You can change that.

Together, we can free families from the harm of these devastating diseases so they can live unlimited.

Join us at mda.org to save and improve the lives of the courageous families we serve.

“MDA means hope. It means strength. It means courage. MDA has been great helping [our son] overcome everyday limitations, and I can’t be more thankful.”

— Josh Lybrand, whose son Ethan has Duchenne muscular dystrophy



Make a donation to fund more research and care for families.



Participate in an event. From joining one of MDA’s Muscle Walks, to running a half marathon on MDA Team Momentum to attending a black-tie gala, you’re sure to find an activity that inspires you from MDA’s 9,500 events nationwide.



Volunteer at your local MDA office, at an MDA Summer Camp or at an MDA fundraising event in your community.



Download our free MDA Amplify app on your smartphone from the app store to raise awareness on social media.



Every voice, every story and every dollar counts. Thank you for giving hope to MDA families and making urgently needed progress possible.

Designated a “Top-Rated Charity” by the American Institute of Philanthropy, MDA is the first nonprofit to receive a Lifetime Achievement Award from the American Medical Association for “significant and lasting contributions to the health and welfare of humanity.”

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