

ENGAGE

Chicago · September 26, 2026

8:00-9:00 a.m.	Registration and Breakfast				
	General Session				
9:00-9:15 a.m.	Welcome Rabia Malik, MD Director, MDA Care Center Rush University Medical Center				
9:15-9:45 a.m.	The Other Side of Impossible: Finding Strength, Hope, and Possibility Where We Least Expect It Mindy Henderson, VP Disability Outreach and Empowerment Editor-in-Chief, Quest Media Muscular Dystrophy Association				
9:45-10:00 a.m.	Break				
	Research and Care Sessions				
10:00-11:00 a.m.	Amyotrophic Lateral Sclerosis Madhu Soni, MD Rush University Medical Center	Spinal Muscular Atrophy Rabia Malik, MD Rush University Medical Center	Myasthenia Gravis Carlos Lara, MD University of Chicago Medicine	Charcot-Marie-Tooth Disease Ryan Jacobson, MD Rush University Medical Center	Confidence in Care: Managing Heart Health Together Katheryn Gambetta, MD Ann & Robert H. Lurie Children's Hospital of Chicago
11:00-11:10 a.m.	Break				
11:10 a.m. – 12:10 p.m.	Duchenne Muscular Dystrophy Bridget McGowan, MD Ann & Robert H. Lurie Children's Hospital of Chicago	Limb-Girdle Muscular Dystrophy Peter B. Kang, MD University of Minnesota	Myotonic Dystrophy Madhu Soni, MD Rush University Medical Center	Facioscapulohumeral Muscular Dystrophy Olivia Gutgsell, MD Rush University Medical Center	Taking Charge of Your Breathing Health James Rowley, MD Rush University Medical Center
12:25-1:25 p.m.	Lunch				
1:25-2:00 p.m.	Building Better Treatments Together <i>Industry and Community Panel Facilitated by Rabia Malik, MD</i>				
	Daily Living Sessions				
2:00 – 2:50 p.m.	Food as Medicine: Supporting Your Body from the Inside Out Jennifer Sher, MS, RD, LDN University of Chicago Medicine	Life, Your Way: Tools and Tips for Everyday Independence Sol Abreu-Sosa, MD Rush University Medical Center Michael Elsen, L/CPO Hanger Clinic	Living Well at Every Stage: What Palliative Care Really Means Talia Shear, MD Ann and Robert H. Lurie Children's Hospital of Chicago	New Treatments for Muscular Dystrophy Ryan Jacobson, MD Rush University Medical Center Colin Fry, MD University of Chicago Medicine	Your Story Counts: Registries and You Richard Dineen, CGC Rush University Medical Center

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2:50-3:00 p.m.	Break				
	Daily Living Sessions (Repeat)				
3:00-3:50 p.m.	Food as Medicine: Supporting Your Body from the Inside Out	Life, Your Way: Tools and Tips for Everyday Independence	Living Well at Every Stage: What Palliative Care Really Means	New Treatments for Muscular Dystrophy	Your Story Counts: Registries and You
3:50-4:00 p.m.	Break				
	Closing Session				
4:00-4:30 p.m.	Building Your Community Panel facilitated by Muscular Dystrophy Association				

*Agenda is subject to change.