

## Access to Financial Independence: Resource Guide

### MDA Resources

[MDA.org](https://mda.org) is a great place to find programs and resources to support you during the process of obtaining resources and assistance. A few of these resources are listed below:

- MDA Quest Magazine: [Investing In The Future](#)
- MDA Quest Magazine: [Plan For A Bright Future](#)
- MDA Quest Blog: [The Smart Way To Use Savings Accounts](#)
- MDA Strongly Blog : [Ensuring Economic Independence for the Neuromuscular Community](#)

### MDA Engage

MDA Engage virtual educational events empower individuals and their families with knowledge and resources shared by experts in the neuromuscular disease field. Recent events regarding finances and benefits are listed below:

#### MDA Engage Community Education Seminars

- 2020 MDA Engage Community Education Seminar : [What You Need To Know About Disability Benefits](#)

For upcoming MDA Engage Events, please visit [mda.org/engage](https://mda.org/engage).

### Resources From This Workshop

[Glossary of Common Financial Terms](#)

[Credit Card Payoff Calculator](#)

[National Foundation For Credit Counseling](#)

[SSDI Website](#)

[SSI Website](#)

[Social Security Office Locator](#)

[Social Security Online Services](#)

[Documents required to apply for SSI](#)

[Documents required to apply for SSDI](#)

VR Services Information

- [Career One Stop](#)
- [List of State Vocational Rehabilitation Agencies](#)

Ticket To Work

- [Introduction Video – “Meet Ben”](#)
- [Finding an EN and Assigning Your Ticket Worksheet](#)

Plan To Achieve Self Support (PASS)

- [PASS Plan Worksheet](#)
- [Finding your local Work Incentives Planning and Assistance \(WIPA\) Program](#)

Retirement

- [Retirement Age Calculator](#)
- [Retirement Benefit Estimate Calculator](#)

ABLE Accounts

- [Understanding ABLE Accounts \(Video\)](#)
- [Understanding How ABLE Funds Can Be Used](#)
- [List of ABLE Accounts](#)
- [Compare State Programs](#)

Taxes

- [Free Tax Preparation Information](#)
- [Free Tax Preparation Locations](#)
- [Earned Income Tax Credit \(EITC/EIC\)](#)
- [Child Tax Credit Qualifications](#)

Financial Education

- [Games To Help Understand Financial Topics](#)
- [Podcasts Related To Financial Topics](#)
- [Money Smart For Young People](#)

Other Resources

[Information about tax free savings accounts for disabled individuals \(ABLE accounts\)](#)

- [SSDI Q&A](#)
- [SSI Q&A](#)
- [NFCC - National Foundation for Credit Counseling](#)
- [Ticket to work Q&A](#)
- VR Services
  - [State VR Agencies](#)
  - [Young Adults in transition](#)
- [College Scholarships](#)
- [529 Educational Savings Plan](#)
- [Benefits Check Up Tool](#)
- [Health Insurance Marketplace](#)
- [Special Needs Alliance](#)