

ENGAGE

Chicago - September 26, 2026

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|------------------------|--|---|--|--|---|
| 8:00-9:00 a.m. | Registration and Breakfast | | | | |
| | General Session | | | | |
| 9:00-9:15 a.m. | Welcome <i>Rabia Malik, MD</i> <i>Director, MDA Care Center</i> <i>Rush University Medical Center</i> | | | | |
| 9:15-9:45 a.m. | Keynote <i>Mindy Henderson, VP Disability Outreach and Empowerment</i> <i>Editor-in-Chief, Quest Media</i> <i>Muscular Dystrophy Association</i> | | | | |
| 9:45-10:00 a.m. | Break | | | | |
| | Research and Care Sessions | | | | |
| 10:00-11:00 a.m. | Amyotrophic Lateral Sclerosis | Spinal Muscular Atrophy | Myasthenia Gravis | Charcot-Marie-Tooth Disease | Confidence in Care: Managing Heart Health Together |
| 11:00-11:10 a.m. | Break | | | | |
| 11:10 a.m. -12:10 p.m. | Duchenne Muscular Dystrophy | Limb-Girdle Muscular Dystrophy | Myotonic Dystrophy | Facioscapulothoracic Muscular Dystrophy | Taking Charge of Your Breathing Health |
| 12:25-1:25 p.m. | Lunch | | | | |
| 1:25-2:00 p.m. | Building Better Treatments Together <i>Industry and Community Panel</i> | | | | |
| | Daily Living Sessions | | | | |
| 2:00 – 2:50 p.m. | Food as Medicine: Supporting Your Body from the Inside Out | Life, Your Way: Tools and Tips for Everyday Independence | Living Well at Every Stage: What Palliative Care Really Means | Breaking Down Gene Therapy: Facts, Myths, and Possibilities | Your Story Counts: How Genetic Testing Advances Research |
| 2:50-3:00 p.m. | Break | | | | |
| 3:00-3:50 p.m. | Food as Medicine: Supporting Your Body from the Inside Out | Life, Your Way: Tools and Tips for Everyday Independence | Living Well at Every Stage: What Palliative Care Really Means | Breaking Down Gene Therapy: Facts, Myths, and Possibilities | Your Story Counts: How Genetic Testing Advances Research |
| 3:50-4:00 p.m. | Break | | | | |
| | Closing Session | | | | |
| 4:00-4:30 p.m. | TBA | | | | |

*Agenda is subject to change.