



ENGAGE

Community Seminar
with Penn State Health Milton S. Hershey Medical Center
July 18, 2026 · Hershey Lodge

8:30-9:30 am	Registration & Breakfast			
9:30-9:45 am	Opening Session <i>Welcome and Purpose</i> <i>Mansoureh Mamarabadi, MD</i> <i>Penn State Health</i>			
9:45-10:45 am	Emerging Therapies in Myasthenia Gravis, Limb-Girdle Muscular Dystrophy, Pompe Disease, Duchenne and Becker Muscular Dystrophy, and Spinal Muscular Atrophy <i>Xiaowei W. Su, MD PhD, Penn State Health</i> <i>John Brandsema, MD, Children’s Hospital of Philadelphia</i>			
10:45-11:00 am	Break			
Breakout Sessions				
11:00-11:45 am	Myasthenia Gravis <i>Xiaowei W. Su, MD PhD</i> <i>Penn State Health</i>	Limb-Girdle Muscular Dystrophy, Pompe Disease <i>Matthew Wicklund, MD</i> <i>FAAN</i> <i>UT Health San Antonio</i>	Duchenne and Becker Muscular Dystrophy <i>Dustin J. Paul, DO</i> <i>Penn State Health</i>	Spinal Muscular Atrophy <i>John Brandsema, MD</i> <i>Children’s Hospital of Philadelphia</i>
11:45-12:15 pm	Break			
12:15–1:00 pm	Pulmonary Complications and Management <i>Kathleen M. Twomey, MD,</i> <i>Penn State Health</i>	Mental Health in Patients with Chronic Neuromuscular Disease <i>Alair Altiero PhD, LPC</i> <i>Penn State Health</i>	ABC’s of Genetics <i>Melissa L. Yelton, LCGC,</i> <i>MGC</i> <i>Penn State Health</i>	Physical Therapy and Muscle Exercise in Patients With NMD <i>Emily Steckbeck, PT,</i> <i>DPT, PCS</i> <i>Penn State Health</i>
1:00-2:00 pm	Lunch <i>1:30-2:00 Ask the Expert</i>			
Breakout Sessions				
2:15-3:00 pm	Occupational Therapy, Driving Evaluations, Durable Medical Equipment and Transportation <i>Rachel Hehn, OTR/L</i> <i>Penn State Health</i>	Cardiology Complications and Management in Neuromuscular Disease <i>Teresa Sue Wang, MD</i> <i>University of Pennsylvania</i>	The Role of Nutrition and Supplements in Neuromuscular Disease <i>Raymond K. Reichwein, MD</i> <i>Penn State Health</i> <i>Carol A. Giacobelli, RDN, LDN</i> <i>Owner, Foods2Choose, Contractor,</i> <i>ALS United Mid- Atlantic</i>	
3:00-3:30 pm	Break			
3:30-4:00 pm	Connecting the Neuromuscular Disease Community: MDA’s Mission and Programs			
4:00-4:45 pm	Building Better Treatments Together <i>Industry and Community Member Panel</i>			
4:45-5:00 pm	Closing Remarks			

*AGENDA IS SUBJECT TO CHANGE