

9:00-10:00am	Registration and Breakfast
	Plenary Sessions Berg Hall
10:00-10:15am	Current State of Treatment Evolution John W. Day, MD, PhD Stanford University
10:15-10:45am	Personalized Approach: Exercise as Medicine in NMD Care Tanja Taivassalo, PhD University of Florida
10:45-11:15am	Building Strength from Home: Easy Monitoring with Portable Devices Todd Roberts, CEO and Co-Founder Assistive Technology Development, Inc.
11:15-11:45am	The Power of Your Eye (and Your Phone!): A New Way to Understand Movement Scott Uhlrich, PhD University of Utah
11:45-12:30pm	Lunch
12:30-1:45pm	 Amyotrophic Lateral Sclerosis Congenital Muscular Dystrophy Charcot Marie Tooth Disease Duchenne Muscular Dystrophy Becker Muscular Dystrophy Facioscapulohumeral Muscular Dystrophy Facioscapulohumeral Muscular Dystrophy Myotonia Congenita, Thomsen Myotonia, Paramyotonia Congenita Myotonia Gravis Myotonia Congenita Undiagnosed/Other Diagnoses Additional groups may be added based on registration
1:45-2:00pm	Break
2:00-3:00pm	Post Breakout Q&A Session Berg Hall
3:00-3:30pm	Patient Engagement and Advocacy Panel Facilitated by John W. Day, MD, PhD · Stanford University
3:30-4:00pm	Caring for Your Mental Health
4:00pm	Reception & Networking

^{*}Agenda is subject to change





Engage Symposium November 22, 2025 Stanford University

Group Facilitators will include:

John W. Day, MD, PhD Stanford University

Tina Duong, MPT, PhD Stanford University

Alexander Fay, MD, PhD University of California, San Francisco

Richard Gee, PT Stanford University

Julia Greenberg, MD Stanford University

Maxwell Greene, MD Stanford University

Min Kang, MD University of California, San Francisco

Jenna Klotz, MD Stanford University

Kenneth Leung, MD, MS Stanford University

Martavius "Trev" Lovall, MD, MS Stanford University

Constance de Monts, PT, DPT Stanford University

Emanuel Mostofi, MD Stanford University

Srikanth Muppidi, MD Stanford University

Muhannad Seyam, MD Stanford University

Jackson Edward Toth, MD Stanford University

Madina Tugizova, MD University of California, San Francisco

