



At the Muscular Dystrophy Association (MDA), we see a world without limits for people living with neuromuscular diseases like muscular dystrophy, ALS and spinal muscular atrophy. Our mission is about confronting challenges, championing opportunity, and celebrating resilience.

MDA empowers people living with neuromuscular diseases across the country through cutting edge research, access to top-tier expert medical care, comprehensive resources and education, and advocacy for access, inclusion, and independence.

A Legacy of Scientific Innovation

MDA's longstanding commitment to **understanding and treating neuromuscular disease (NMD)** began in **1950**. This legacy of commitment has catalyzed breakthroughs in genetic research, diagnostic methods, and the development of innovative treatments that were once thought to be unachievable. Since our inception, MDA has invested more than **\$1.1 billion in neuromuscular disease research**, reshaping the therapeutic landscape with new therapies that have not only improved quality of life but, in some cases, have significantly extended life expectancy.

Access to Comprehensive Care and Support

From the moment of diagnosis, MDA resources provide access to a continuum of care, ensuring that people living with neuromuscular disease have access to the highest standard of medical expertise and compassionate care. MDA is the only neuromuscular disease organization with a nationwide network of multidisciplinary Care Centers across the United States, offering children, youth and adults unprecedented access to treatments and expert care.

Advocacy for a World Without Barriers

MDA's advocacy initiatives are focused on promoting autonomy, ending workplace discrimination, and securing accessible healthcare for the neuromuscular disease community. MDA is dedicated to ensuring that every voice is heard, and every right is recognized.

Fostering Connections and Building an Empowered Community

The MDA community is a place where people living with neuromuscular disease and their families can find connection, support, and strength. Our community engagement programs create a nurturing environment where experiences, triumphs, and challenges are shared.

Help Us Continue this Momentum

Your involvement, whether through donations, volunteering, advocacy, or through other opportunities, plays a crucial role in MDA's enduring legacy. Together, we are pushing the boundaries of science and care to reshape the trajectory of neuromuscular disease.

2023 Impact



Research

MDA funds global research to understand, diagnose, treat and cure neuromuscular disease. As leaders in genetic medicine and neuromuscular disease treatment development, we are sowing the seeds of new hope and possibilities.



- MDA has invested over **\$1.1 billion** in neuromuscular disease research since our founding in 1950.
- **Six new** treatments approved in 2023 alone.
- In 2023, MDA funded **\$8.4M** in neuromuscular disease research.

Advocacy

MDA's **advocacy** work focuses on eliminating barriers and promoting independence, while calling on Congress to increase funding for neuromuscular disease research.



- Thanks to MDA advocates and partners, newborn screening for spinal muscular atrophy (SMA) is now a reality in all **50 states**.
- Established a partnership with the **Transportation Security Administration (TSA)** for TSA officer training to ensure a more secure, accessible, and equitable air travel experience for all people living with disabilities.

Care



MDA provides access to top-tier care, resources, and education, empowering people living with neuromuscular disease to live stronger and on their own terms.

- MDA Care Centers serve **70,000 people** annually at **150+ locations nationwide**.
- The MDA Resource Center team provided one on one support for **17,000+ unique inquiries** to the MDA Resource Center.
- Launched the **MDA Gene Therapy Support Network** to guide families through novel treatment options.
- **\$6 million** funding to support multidisciplinary, disease specific care across the MDA Care Center Network.

Community Engagement



Our **community engagement programs** foster connections and spark confidence and independence in thousands of lives each year.

- **800** campers experienced inclusion, empowerment, exploration, and growth at MDA Summer Camp in 2023.
- More than **50** families enjoyed fun and activities as part of our family getaway program.
- In 2023, the Let's Play community grew to **2,500 members**.
- Quest Media, MDA's award-winning disability lifestyle media platform, published **159 blogs** and **12 podcasts** in 2023.