It’s now easier than ever to help Fill the Boot and fight back against muscle disease along side the fire fighters! Below are some easy step by step instructions to help you get the word out and make it easier than ever for people to donate and help Fill The Boot with your local fire department! Thank you so much for your support of our local families fighting back against muscle disease!

How to Help Fire Fighters Fill the Boot

1. Click on this link: www.mda.org/ftb
2. In the SEARCH box, type the name of the fire department; Ex: Billings, Mt Fire Fighters. The webpage should pop up.
3. Simply click on JOIN OUR TEAM.

Copy the URL and share! You also have the option to share on social media directly from this site.

Share with your friends and family and ask them to do the same. We need all hands on deck to help support MDA now more than ever!

Thank you so much for helping your local fire fighters Fill the Boot for MDA!