Volunteers are a driving force supporting MDA in our commitment to transform the lives of people affected by muscular dystrophy, ALS, and related neuromuscular diseases. Together, we can make experiences like MDA Summer Camp, seminars, special events, and many other initiatives possible for families who are counting on us.

Here are just a few ways you can make a difference:

**Ambassador program:** Become an ambassador for MDA in your community and share your passion for the organization.

**Community outreach volunteer:** Serve your community in an MDA office and lend your skills to advancing the mission of MDA.

**Volunteer committees:** Use your leadership skills to start or join a committee of volunteers who oversee programs, support fundraising, and drive strategy.

**Summer Camp volunteer:** Help make Summer Camp be the best week of the year for kids with neuromuscular disease.

**Day-of-Event volunteer:** Help make MDA special events a success! Come to one of our signature events to help make the occasion special for our families.

**Event participant:** Join us and help support MDA through participating in Team Momentum, MDA Muscle Walks, and other MDA events.

**MDA Advocate:** Become an MDA Advocate today to help ensure our collective voice is heard on national policy matters.

“...you’ll get to meet some of the families and some of the MDA staff, and you’ll be touched by the passion people have for the organization. You’ll be impacted and fall in love with the kids. You won’t have any regrets, and you’ll have a good time in the process.”

—Ches Hutchinson

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Designated a Top-Rated Charity by the American Institute of Philanthropy, MDA is the first nonprofit to receive a Lifetime Achievement Award from the American Medical Association for “significant and lasting contributions to the health and welfare of humanity.”