



Community Resources

Items you may wish to include in this section of your binder:

- MDA
- Disability Rights
- Employment
- Government benefits for individuals with disabilities
- Independent living
- Publicly funded medical benefits
- State or county resources
- Recreation
- Accessible transportation
- Educational Resources
- Organizations and assistance programs

MDA's National Resource Center

MDA's National Resource Center is your one-stop shop for information when you have questions or need information about community resources where you live. Connect with our resource specialists at MDA for information about the diseases in our program, support and services, activities, advocacy, initiatives, community resources and more.

If you have more specific questions, do not hesitate to reach out to us. We are happy to help. Learn how you can find care, fund cures and champion the cause at mda.org or feel free to call the MDA's National Resource Center at 800-572-1717 or email us at ResourceCenter@mdausa.org. Resource Center specialists are available to assist you Monday through Friday from 8:00 AM to 5:30 PM Central Time.



Telephone Call Record

Date of call: _____ Individual with whom you spoke: _____
Phone number: _____ Institution/Location: _____
Reason for call: _____ Notes and follow-up: _____

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